

Volunteer  museum, art museum, bike coop, community center, zoo, animal shelters, library ages 6-18  Mon Wed Fri Tue Thu Sat Sun	Make and Keep a Promise  Mon Wed Fri Tue Thu Sat Sun	Pick one chore you think you can handle  Mon Wed Fri Tue Thu Sat Sun
Teach someone younger how to do/ play something	Donate toys and clothes you don't use	Start a morning/evening stretching routine
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Make a "Moral Code" with 5 things you will do Tell your family and friends your code on your birthday	Learn to do: Handstand, headstand, various rolls, splits, tumbing, vaulting	Create Your Own Challenges •
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